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Addressing Challenges in Health Equity Research Methods and Tools to Support Actionable Health Equity Research for Life Science

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Jarrod Bullard



Introduction

Kati Copley-Merriman

Vice President, Market Access and Outcomes Strategy

Health Equity



"The attainment of the highest level of health for all people, where everyone has a fair and just opportunity to attain their optimal health regardless of race, ethnicity, disability, sexual orientation, gender identity, socioeconomic status, geography, preferred language, or other factors that affect access to care and health outcomes."

Centers for Medicare & Medicaid Services (Strategic Plan for Health Equity)





Addresses the needs of underserved populations

Longstanding systemic inequities have undermined the physical, social, economic, and emotional health of historically underserved populations

- People of color
- Older persons
- People with disabilities
- LGBTQ+ people
- Women

- People living in rural areas
- People who have low or no income
- Underinsured people

"Lack of adequate representation threatens the integrity of science." —Bibbins-Domingo and Helman (2022)

Social Determinants of Health (SDOH)



Education access and quality

- Educational support and intervention
- Financial assistance for college and other education costs

Economic stability

- Employment opportunities
- · High-quality childcare
- Availability and access to affordable food, housing, healthcare, and education



Healthcare access and quality

- Screening and preventive care
- Medications
- Health insurance
- High-quality providers

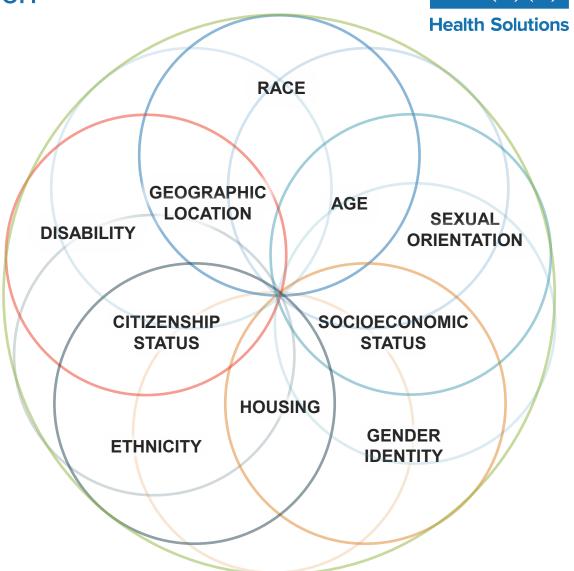
Neighborhood and lived environments

- Safe neighborhood and workplace
- Clean air and water

Family, friends, colleagues, and community

Intersectionality in Health Equity Research

- Multiple social identities and systems of oppression intersect to shape people's healthcare access and outcomes.
 - More intersections = more barriers to health equity
- Examples for contextualizing inequities and the impact of multiple determinants
 - Developing interventions to reduce diabetes rates among rural Native American adults aged 65+ years
 - Improving COVID vaccination uptake among Latinx immigrant patients in low-income communities
 - Reducing HIV rates among Black transgender women



Learning Objectives



Examine the socioeconomic drivers of health disparities and populations affected

Understand why health equity is crucial for the biomedical sciences

Explore methods such as literature reviews and distributional cost-effectiveness analysis

Review social determinants data and tools to leverage in health equity research: *Introducing RTI Rarity*™





A Framework for Understanding Why Health Equity Is Important to the Pharmaceutical Industry

Chad Downey

Associate Director, Project and Proposal Operations

Institutional Drivers of Inequity



Inequities are fueled by systems, regardless of people's culture or behavior.

- Racism, discrimination, and bias, both structural and interpersonal,¹ are fundamental drivers of health inequities, health disparities, and disease.
- In the US, people of color (Black, Hispanic, and Native Americans, in particular) experience higher rates of poor health and disease for diabetes, hypertension, obesity, asthma, and heart disease, when compared with White individuals. The life expectancy of Black and African American individuals is 4 years less than that of White Americans.²
- These health disparities underscore the urgent need to address systemic racism as a root cause of racial and ethnic health inequities and a core element of our public health efforts.

Why Health Equity Is Important to the Pharmaceutical Industry





Improved social impact and brand identity

- Build trust with historically marginalized communities
- Positively impact brand and product recognition



Greater consumer benefit

- Increase medication adherence
- Improve patient outcomes
- Reduce healthcare costs



Alignment with government and regulatory bodies

- Legislation
- Regulation

Why Health Equity Is Important to the Pharmaceutical Industry





Societal awareness of health disparities

 Disproportionate impacts from events like the COVID-19 pandemic create opportunities for leadership



Innovation

- Better understand unmet needs of all patients
- Develop more accessible and beneficial products



Collaboration or competition with other industries

- Technology
- Consumer goods



Types of Health Equity Projects: Literature Reviews

Shahnaz Khan

Vice President, Market Access and Outcomes Strategy

Literature Reviews: Framing the Research Question



Types of literature reviews:

Systematic lit review

Comprehensive review

Umbrella review

Structured lit review

Literature review

Evidence review

review

Narrative

Targeted lit review

Potential topics to be explored via literature reviews:

What disparities exist in terms of **screening or diagnostic** practices?



mily Heer Q M, Cheryl Peters 200, Rod Knight S, Lin Yang 1911, Steven J. Heitman 291

What disparities exist in terms of **rates/occurrence** of a particular condition?

Annals of Internal Medicin

REVIEW

Racial and Ethnic Disparities in COVID-19-Related Infections, Hospitalizations, and Deaths

A Systematic Review

Katherine Mackey, MD, MPP; Chelsea K. Ayers, MPH; Karli K. Kondo, PhD; Somnath Saha, MD, MPH; Shaliesh M. Advanl, MD, MPH; Sarah Young, MPH; Inturer Spencer, Do; Max Rusek, MD; Johanna Anderson, MPH Stephanie Veazeie, MPH; Mis Smith, MPH; and Devan Kansagara, MD, MCR

What disparities exist in terms of access to care, specialists, or treatments for patients with a particular condition?

Access to Care Matters: Remote Health Care Needs During COVID-19

Juan Vazquez, Tanzina Islam, Jonathan Gursky, Jennifer Beller, and Daniel Jose Correa 🖂

What disparities exist in terms of **outcomes** related to a particular condition or based on a particular treatment?



What disparities exist in terms of **representation in clinical trials** for a particular condition?

JAMA Internal Medicine | Original Investigation | HEALTH CARE POLICY AND LAW

Sex, Racial, and Ethnic Representation in COVID-19 Clinical Trials A Systematic Review and Meta-analysis

Hong Xiao, PhD; Riha Vaidya, PhD; Fang Liu, MD, MMed; Ximing Chang, BS; Xiaoqian Xia, BS; Joseph M. Unger, PhD, MS

Literature Reviews of Health Equity Topics: Source of Information



Published Literature

 Use standard databases (PubMed, Embase, etc.) to identify studies published within the relevant period, as well as meeting abstracts if indexed

Society or Government Websites

- WHO, CDC, NIH, CMS, ACS, AHA, ACIP

Clinical Trials Registries

- ClinicalTrials.gov (US) or ISRCTN (UK)

Professional Congresses

ISPOR, AMCP, disease-specific meetings

_ Gray literature

MeSH Terms



Healthcare Disparities (Introduced 2008)

Differences in access to or availability of medical facilities and services.

<u>Health Status Disparities</u> (Introduced 2023)

Variation in rates of disease occurrence and disabilities between population groups defined by various factors, including socioeconomic status, age, ethnicity, economic resources, gender, geography, or similar measures.

Socioeconomic Disparities in Health (Introduced 2022)

Differences in health based on socioeconomic status.

Health Inequities (Introduced 2008)

Differences in health status or in the distribution of health resources between different population groups, arising from the social conditions in which people are born, grow, live, work, and age.

Minority Health (Introduced 2008)

The concept covering the physical and mental conditions of members of historically marginalized groups.

Literature Reviews of Health Equity Topics: Developing a Comprehensive Search Strategy



Health disparities - general terms

"Health Inequities" [Mesh] OR "health inequit*" [Text Word] OR "health inequalit*"[Text Word] OR "health care inequalit*"[Text Word] OR "healthcare inequalit*"[Text Word] OR "health care inequit*"[Text Word] OR "healthcare inequit*"[Text Word] OR "health disparit*"[Text Word] OR "health status disparit*"[Text Word] OR "health status inequalit*"[Text Word] OR "health status inequit*"[Text Word] OR "Healthcare Disparities"[Mesh] OR "healthcare disparit*"[Text Word] OR "health care disparit*"[Text Word] OR "disparities in health*"[Text Word] OR "disparity in health*"[Text Word] OR "Social Determinants of Health"[Mesh] OR "social determinant*"[Text Word] OR "structural determinants of health"[Text Word] OR "health structural determinant*"[Text Word] OR "social determining factor*"[Text Word] OR "social factors determining health"[Text Word] OR "social health determinant*"[Text Word] OR "Health Equity"[Mesh] OR "health equit*"[Text Word] OR "health status equit*"[Text Word] OR "health status equalit*"[Text Word] OR "health care equalit*"[Text Word] OR "healthcare equalit*"[Text Word] OR "health care equit*"[Text Word] OR "healthcare equit*"[Text Word]

Right to health

"Right to Health" [Mesh] OR "health care right*" [Text Word] OR "health right*" [Text Word] OR "healthcare right*" [Text Word] OR "right to accessible health*" [Text Word] OR "right to health*" [Text Word]

88,891

2,543

Work with an experienced library scientist



Focus on specific research questions



Include a broad set of terms related to disparities and SDOH

Reporting and Gap Analysis





What is known and what remains unanswered?



What additional questions need to be asked?



What additional studies need to be conducted?



How can results be used to affect patients and address disparities?

Literature Reviews: Case Study



Objective: To assess disparities in RSV diagnosis, risk factors, and outcomes using data from the published literature and gray literature.

From 701 studies identified, 15 met the inclusion criteria based on study objectives.

Results: Available evidence indicated disparities in diagnosis by race, ethnicity, and SDOH; disparities in risk factors that led to those diagnoses; and disparities in outcomes following the diagnoses (e.g., higher rates of emergency department visits, hospitalization, and mortality).



Disparities in Respiratory Syncytial Virus (RSV) Diagnosis, Outcomes, and Risk Factors by Race, Ethnicity, and Other Social Determinants of Health: A Systematic Literature Review



- among older adults (aged ≥60 years) and those at increased risk of severe outcomes.1
- The disproportionate impact of ARI due to influenza and COVID-19 on racial and ethnic minorities and other disadvantaged groups in the US has been well documented.2,3
- · Among adults, less is known about RSVrelated disparities



V-related outcomes and RSV risk factors among US adults by race, ethnicity, and other SDOH,

METHODS Study design: SLR of RSV-related disparities by race, ethnicity, and other SDOH among US adults.

> Search strategy: - Systematic searches of databases (MEDLINE, Embase, and Cochrane) - Desktop searches (e.g. SLR bibliographies, gray literature) - Articles published between 2012

Screening: According to predefined PICOTS inclusion criteria by 2 ndependent researchers (see

Key recent articles on disparities in RSV risk factors were prioritized for inclusion,†



more prevalent, develop at younger ages, and are more likely to be underdiagnosed

Black/AA, being Al/AN, lower neighborhood-level SES, and higher poverty levels. 18-20

Chronic kidney disease: ESRD prevalence is highest among individuals of racia and ethnic minority status, lower SES, and in areas with worse SDI scores. 22,28,27

abetes: Racial and ethnic minority groups and adults with lower SES are more

Chronic liver disease: Hispanic individuals, as well as adults living in food insecure

households, have the highest prevalence of non-alcoholic fatty liver disease. 28-30

obstructive lung disease, 31 diabetes, 22,24,32 kidney disease, 32 and hypertension. 32,33

Annual Conference on Vaccinology Research (ACVR) 2023 | June 5-7, 2023 | Virtual

Chronic cardiac conditions: Black/AA individuals have disproportionately

likely to have diabetes than White adults or adults with higher SES.22-2

DISPARITIES IN RSV/ARI DIAGNOSIS 4 studies reported on disparities in RSV/ARI diagnosis in adults by race, ethnicity, and other SDOH

among disadvantaged groups.

Several factors were associated with an increased risk of symptomatic RSV/ARI among adults with risk factors for severe RSV, including: 4,5

DISPARITIES IN RSV RISK FACTORS

Asthma Heart Diabetes Kidney Liver

■ White ■ Black or AA ■ Al/AN ■ Asian ■ NH/PI

disease

DISPARITIES IN RSV- AND ARI-RELATED OUTCOMES

Among older AI/AN adults, LRTI

disease disease

hospitalization and mortality rates are

adults of other races and ethnicities.9,10

5.6 and 1.8 times higher*, respectively, vs.

· being of racial and ethnic minority status having exposure to children being insured with Medicaid or Medicare



Incidence rate of RSV-associated

poverty level census-tracks.1

hospitalization in adults is 2.58 times

higher* in the highest vs. the lowest

Households reporting below-median SSS (a measure of socioeconomic position) have a 46% higher ARI incidence* vs. households reporting above-median SSS.

11 studies reported disparities in RSV- and ARI-related outcomes, including hospitalization, FD visit, and death rates

Hispanic White adults: 33-35

Diabetes: 4-7 years earlier

Hypertension: 4-5 years earlier

NH Black

Cardinyascular disease: 6-8 years earlie

48

Mean age of diagnosis

times higher rates of ARI ED visits* vs. non-Hispanic White persons.16

Emily K Horn and Elizabeth M La are employees of and hold shares in the GSK. Shahnaz Khan and Meryem Bektas are employed by RTI Health financial and no non-financial

CONCLUSIONS -

minority and other

experience health

inequities related to

disadvantaged

populations

RSV infection.

impact of RSV

vaccination on

consideration in

for older adults.

important

health equity is an

developing vaccine

Acknowledgments Study protocol development and desktop research support provider by Kati Copley-Merriman, Anna Hund olden, and Meghan Gabriel of RT Health Solutions, Editorial and vided by Business & Decision Life ences; Sarah Fico provided



WORK GROUP JUDGEMENTS	EVIDENCE
What would be the impact on health equity?	Summarize the findings from a review of the literature addressing
 Reduced Probably reduced Probably no impact Probably increased Varies Don't know 	issues of health inequities or groups who may be disadvantaged.

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Types of Health Equity Projects: Distributional Cost-Effectiveness Analysis

Ashley Davis

Senior Director, Health Economics

Cost-Effectiveness Analysis, an Economic Model



What it does

 Compares the costs and benefits of an intervention, treatment, or policy with alternative options (e.g., assessing the impact of RSV vaccination)

Why it is useful

- Allows decision-makers to compare options by considering the associated health and cost outcomes at the population level
- Possible incremental outcomes may include the incremental cost per QALY gained, life-year gained, or case averted

What are its limitations from a health equity lens?

- Does not consider how an intervention's benefits are distributed throughout a population:
 - Who benefits most from this intervention?
 - Do underserved groups experience health gains too?
 - Does this intervention increase or decrease existing health disparities?

Distributional Cost-Effectiveness Analysis



What it does

 Expands traditional cost-effectiveness modeling approaches to incorporate fairness in the distribution of costs and effects as well as efficiency/equity tradeoffs for the indicated population

Why it is useful

- Provides traditional cost-effectiveness outcomes in the context of whether the intervention also improves or worsens health equity
- Accounts for disparate effects in an intervention's uptake and accessibility, efficacy, and opportunity costs within the population

When it is used

- When gains do not match needs (e.g., a group with high need receives an intervention at a lower rate
 or with less effectiveness)
- When you anticipate that equity will be an important factor for a decision-maker

Distributional Cost-Effectiveness Analysis: Methodology





Describe current health inequities

Estimate current health metrics for equity-relevant groups (e.g., quality-adjusted life expectancy) based on literature and publicly available data.



Identify potential causes of disparate impact

Consider mechanisms by which disparate impacts may occur (e.g., differences in uptake, adherence, effectiveness across equity groups).



Estimate health outcomes

Calculate the distribution of health benefits and opportunity costs from the intervention, noting which equity-relevant groups incur gains/losses.



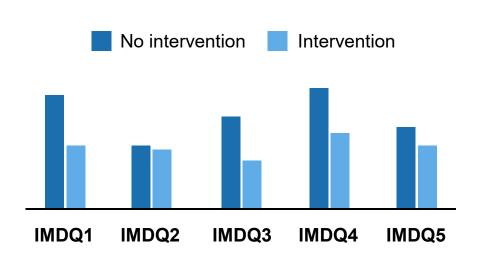
Evaluate overall equity impact

Compare the intervention's equity impact with decision-makers' attitudes toward reducing inequality. Adjust for value judgements and analyze tradeoffs.

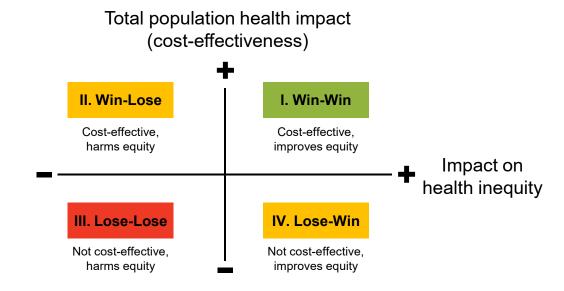
Distributional Cost-Effectiveness Analysis: Graphics



Cost-effectiveness outcomes can be evaluated across a spectrum of socioeconomic subgroups.



Overall health impacts and cost-effectiveness outcomes are considered in parallel with health equity.

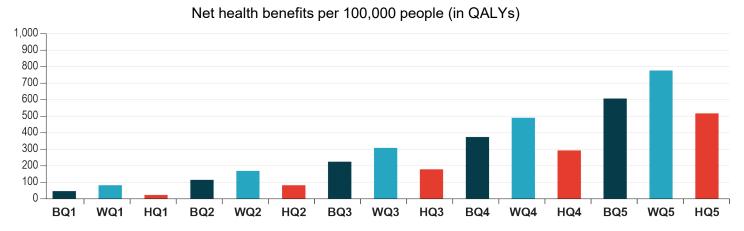


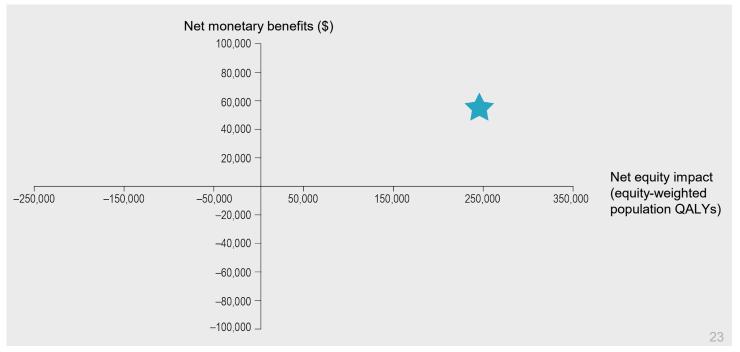
Distributional Cost-Effectiveness Analysis: Example



Kowal et al. (2023)

- Objective: How did Medicare funding of inpatient COVID-19 treatment affect health equity in the US?
- Equity groups: 15 equityrelevant groups informed by race/ethnic groups and social vulnerability
- Health equity metric: Qualityadjusted life expectancy





B = Black; H = Hispanic; Q = social vulnerability quintile; W = White. Source: Kowal et al. (2023).

Recent Distributional Cost-Effectiveness Analyses in Literature



Publication	Country	Disease Area	Intervention	Description
Kowal et al. (2023)	US	COVID	Funding hospitalizations	Analyzed health equity impacts across 15 equity-relevant groups informed by race/ethnic groups and SVI. Accounted for different incidence and mortality across the groups.
Goshua et al. (2023)	US	Sickle-cell disease	Gene therapy	Analyzed health equity impact on male and female patients with sickle-cell disease to measure how gene therapy could close the gaps in health outcomes between these populations.
Meunier et al. (2023)	UK	Cancer	Atezolizumab vs. docetaxel and alectinib vs. crizotinib	Analyzed health equity impact across 5 socioeconomic groups, classified using an IMD score that incorporates differences in income, employment, education, health, crime, housing, and living environment.
Quan et al. (2021)	US	HIV	Equity-focused implementation of MOUD, EMR reminders, rapid testing, and ART case management	Analyzed health impact across racial/ethnic groups, focusing on 3 populations (Black, Hispanic, White) to assess whether an equity-focused implementation approach would lead to an equitable distribution of health benefits.

Discussion and Limitations



- Most cost-effectiveness models can be readily adapted to the distributional cost-effectiveness analysis framework to explore health equity questions.
- Evaluating the benefits of new interventions from both cost-effectiveness and health-equity perspectives can lead to more informed healthcare decisions.
- Data availability is the biggest challenge.
 - Can we classify the population into important groups with different social vulnerability?
 - Are clinical trial data and other intervention-related impacts (e.g., uptake, adherence) available to compare differences in outcomes between groups?
 - Can we estimate an appropriate inequality aversion parameter (i.e., do we know how much a decision-maker values reducing health inequality)?



Types of Health Equity Projects: Database Studies

Jarrod Bullard

Senior Research Data Scientist, Health Economics

Database Studies in Pharma Research



Database studies can provide critical real-world evidence (RWE) about pharmaceutical product impact on patient outcomes and how outcomes can vary across populations.

Type of analysis	Example study purpose
Cost	Determine cost now versus cost then
Comparative	 Compare costs or outcomes for Medication A vs. Medication B Compare costs or outcomes for Patient Group 1 vs. Patient Group 2
Outcome	Determine clinical outcomesDetermine economic outcomes
Pharmaceutical trend	Provide insight into pharmaceutical prescribing and utilization trends
Epidemiological	Gain insight of disease activity and how it effects defined patient populations

Source: Sax (2005).

Common Types of Databases Used in Health Research



Туре	Advantages	Disadvantages	Examples
Reimbursement and administrative	 Useful for tracking healthcare utilization and costs Includes any service reimbursed by health insurance Generally, demographic information 	 Cost data limited to clinical cost drivers. Does not capture complete cost data Must request data and be knowledgeable about the process and standards used in claim submissions Usually requires lots of data management 	MedicareMarketScan
Disease surveillance	Captures granular disease-specific dataCaptures outcome events	Varying amounts of healthcare utilization informationLimited information on individual characteristicsNo control group	SEERSEER- Medicare
Electronic health records (EHR)	Good clinical contextMedical and clinical data	Unstructured dataLack of consistency/data qualityMay require manual medical record abstraction	• EPIC • Cerner
Patient-reported data	 Patient and/or caregiver outcomes Unique perspective Offers additional information on treatment and outcomes beyond a clinical encounter Obtaining intended compliance information 	 Literacy, language barriers can lead to underrepresentation Can be lost to follow-up Limited confidence in reporting clinical information and utilization information (recall bias) 	• MEPS

Lack of, incomplete, or inconsistent data on social needs/risks

Where to Start



Uncover care gaps and understand the drivers

- Identify the care gap
 - E.g., low treatment rates
 - Stratify treatment rates, adherence rates, and outcomes by populations to uncover gaps and disparities

Identify the drivers

- Is it a socioeconomic issue (income, health literacy, etc.)?
- Is it a lifestyle issue (physical activity, alcohol consumption, diet, smoking, etc.)?
- Is it an access to healthcare issue (remote or rural, health provider shortage area, etc.)?
- Is it a transportation issue?

Area-Level Databases



- Accessing area-level data and analyzing how these data affect treatment and adherence rates by therapeutic area can help to uncover the drivers behind the gaps in care and/or outcomes and where efforts should be prioritized to reach full value.
 - Publicly available indices such as the Area Deprivation Index (ADI) and the CDC's Social Vulnerability Index (SVI) are used extensively to identify and account for SDOH and SES at the area level.

Composite measure	SDOH domains	Data source(s)	Variables	Geo level
Area Deprivation Index (ADI)	Education, employment, SES, housing, transportation, household composition	American Community Survey	17	Census Block
Social Vulnerability Index (SVI)	SES, household composition and disability, minority status and language, housing and transportation	American Community Survey	15	Census Block, Tract, ZCTA
Social Deprivation Index (SDI)	Poverty, education, household composition, housing, transportation, employment	American Community Survey	7	County, Census Tract, ZCTA





An SDOH curated data set and tool using random forest models to derive Local Social Inequity (LSI) scores, which predict health outcomes in small geographic areas (Census tracts) using 10 domains of social and behavioral factors.

200+ variables from over 40 sources

Continually adding new measures

Data from 1978 through 2022

Automated updates to existing measures

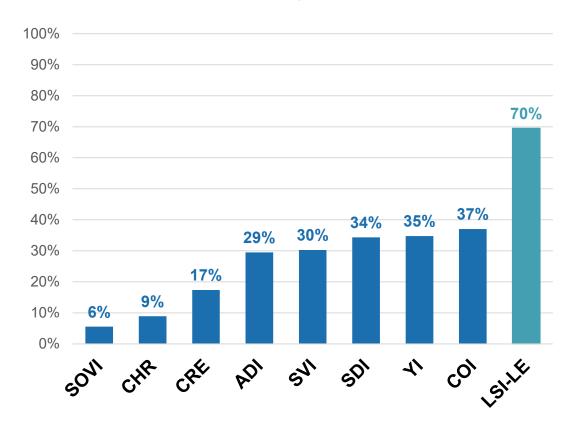


RTI Rarity Compared With Other Social Risk Indices



Composite measure	SDOH domains	Data sources	Variables
Area Deprivation Index (ADI)	Education, employment, SES, housing, transportation, household composition	American Community Survey	17
Social Vulnerability Index (SVI)	SES, household composition and disability, minority status and language, housing and transportation	American Community Survey	15
Social Deprivation Index (SDI)	Poverty, education, household composition, housing, transportation, employment	American Community Survey	7
Local Social Inequity (LSI)	 Educational attainment Healthcare access, coverage, costs, quality Community health, well-being, healthy behaviors Bias, stress, trauma Justice, crime, incarceration Food security, access to healthy food Poverty, inequality, employment Housing adequacy, crowding, structural health Environmental quality Transportation access, infrastructure, safety 	More than 40 federal and private data sources	Over 200

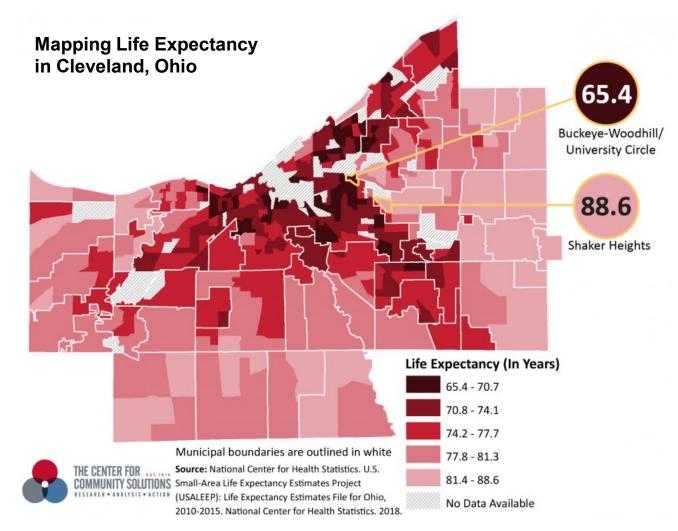
Cross-state average variance explained: life expectancy model



A Merged Solution: RTI Rarity and RWD



- RTI Rarity provides a composite measure of social risk (LSI) for neighborhoods across the US.
- RWD coupled with RTI Rarity can help uncover nonmedical factors that affect diagnosis, treatment, response, and adherence outcomes across multiple populations and geographies.
- RTI Rarity can also help improve diversity in clinical trials by existing as a tool to identify diverse geographies and neighborhoods across a spectrum of demographic and social factors.



RWD = real-world data.

What Can RTI Rarity Solve?



Question of interest



Where, geographically, are there populations with higher prevalence of diabetes or heart disease?



What areas should I target for recruiting individuals 65 years of age and older?



Where are the most racially and ethnically diverse neighborhoods?



What neighborhoods can be targeted to recruit more members of the LGBTQI+ community in a clinical trial?

Shifting the Health Equity Focus in Pharma



The Patient Funnel

Patient presents with a symptom and is diagnosed

Underdiagnosis/Unengagement

SES is associated with delayed diagnosis and increased morbidity and mortality from diseases like melanoma and prostate cancer.

Pharmaceutical product is selected

Prescribing Patterns

Underrepresented racial groups with cancer are less likely to be prescribed opioids for pain. Individuals living in high-poverty areas are more likely to develop persistent use of opioids.

Patient is treated

Medication Adherence

Food insecurity, housing instability, smoking, educational level, and health literacy are influencing factors associated with medication adherence.

Takeaways



Systemic inequities have undermined the physical, social, economic, and emotional well-being of historically marginalized communities

Intersectionality is an essential framework for understanding how parts of one's identity interact with systems of power and oppression to affect their experiences and health outcomes

A targeted or systematic literature review can serve as an initial step for exploring what is known and unknown about a particular topic related to health equity.

The distributional cost-effectiveness analysis framework expands on traditional cost-effectiveness modeling approaches to explore health equity questions. Considering health equity alongside cost-effectiveness may lead to more-informed healthcare decisions.

Databases commonly used in healthcare and economic research lack data on nonmedical factors that influence outcomes, such as social needs and socioeconomic status.

A combination of RWD and specialized databases capturing social risk and needs data can be used for health equity research to identify historically excluded and underincluded populations.



Thank You!

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