

Clinical and Economic Burden of HER2-Positive Breast Cancer Recurrence in the US: A Literature Review

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Background

- Among women worldwide, breast cancer (BC) is the most commonly occurring malignancy (estimated 1,676,600 new cases in 2012) and the leading cause of cancer mortality (estimated 521,900 deaths in 2012).¹
- Although there is wide international variability in stage distribution at diagnosis, > 75% of incident BCs in developed countries are early stage (I or II).
- Approximately 15% of all invasive breast cancers with known subtype are HER2+.²
- Despite available treatment, 15%-25% of patients with early stage Human epidermal growth factor receptor 2-positive (HER2+) BC eventually experience recurrence after initial treatment.²⁻⁴
- Most recurrences involve incurable metastatic disease.^{2,4,5}
- The prognosis for women with BC recurrence is poor and associated with significant morbidity, mortality, and cost.⁶
- In the United States (US), the total cost to society attributable to metastatic BC was \$12.2 billion accrued over 5 years, or \$2.4 billion per year (\$98,571 per patient-year).
- Treatment-related cost, 57% of total costs, was the largest contribution, with more than \$1.0 billion per year.⁷
- A recently published cost study estimated the mean total health care cost per patient to be \$168,248 in the first 12 months and cumulative mean costs to be \$262,538 over 24 months and \$310,589 over 36 months.⁸
- HER2+ BCs represent a distinct subgroup that are amenable to treatment with HER2-directed therapies.
- Limited published data are available on the clinical and economic burden of HER2+ BC recurrence.

Objective

The purpose of this study was to assess the clinical and economic burden of recurrence in patients with early stage HER2+ BC.

Methods

- A clinical and economic systematic literature review (SLR) and a burden-ofillness (BOI) targeted literature review (TLR) were conducted in PubMed, Embase, and Cochrane databases.
- The clinical SLR did not have a publication date limit and was conducted on November 8, 2016. It searched randomized clinical trials of neratinib and other treatments.
- The economic SLR did not have a publication date limit and was conducted on October 25, 2016. It searched for economic data such as models, utility weights, resource use, and cost.
- The BOI TLR searched for publications published from *January 2006* to September 2016 to identify additional studies in early stage HER2+ BC.
- Conference abstracts for 2015 and 2016 from six scientific meetings also were searched:
- American Society of Clinical Oncology (ASCO)
- San Antonio Breast Cancer Symposium (SABCS)
- European Society for Medical Oncology (ESMO) European Breast Cancer Conference (EBCC) - International Society for Pharmacoeconomics and Outcomes Research (ISPOR)
- St. Gallen International Breast Cancer Conference (SG-BCC)
- Examples of search terms used for all three literature reviews included:
- Disease-specific terms, such as "breast neoplasms" [Mesh] OR breast neoplasm*[Text Word] OR breast cancer*[Text Word] OR breast carcinoma*[Text Word] OR breast tumor*[Text Word] OR mammary cancer*[Text Word] OR mammary carcinoma*[Text Word] OR mammary neoplasm*[Text Word]



- (("Recurrence" [Mair] OR "Neoplasm Recurrence, Local" [Mair]) AND recur*[Title]) OR "Quality of Life"[Majr] OR "Patient Satisfaction"[Majr] OR "Pain Measurement" [Majr] OR "Caregivers" [Majr] OR "Patient Outcome Assessment" [Majr] OR "Health Status Indicators" [Majr] OR "Activities of Daily Living" [Majr] OR "Personal Autonomy" [Majr] OR "Self Care" [Majr] OR "quality of life"[Title] OR "QoL"[Text Word] OR "hrgol"[Text Word] OR "hrgl"[Text Word]
- "Breast Neoplasms/ economics" [Majr] OR "Costs and Cost Analysis" [Majr] OR "Cost of Illness" [Majr] OR "Economics" [Majr] OR "Economics, Hospital" [Majr] OR "Economics, Medical" [Majr] OR "Economics, Nursing" [Mair] OR "Economics, Pharmaceutical" [Mair] OR "Health Resources/utilization" [Majr] OR "Fees and Charges" [Majr] OR "Employment" [Majr] OR "Work" [Majr] OR "Health Expenditures" [Majr] OR "Health Care Costs" [Majr] OR "Models, Economic" [Majr] OR "Cost-Benefit Analysis" [Majr] OR "Absenteeism" [Majr] OR "Presenteeism" [Majr] OR "Sick Leave" [Majr] OR "Retur n to Work" [Majr] OR "Hospitalization" [Majr] OR "Budgets" [Majr] OR "Recurrence/ economics" [Majr] OR "Neoplasm Recurrence, Local/economics"[Majr]
- Based on the literature review, different methods were implemented when screening titles and abstracts according to predefined inclusion and exclusion criteria. The inclusion and exclusion criteria are available upon request.
- The clinical SLR was screened by two reviewers for both level 1 and level 2, and a consensus meeting occurred upon disagreement of the inclusion/ exclusion decision.
- The economic SLR was screened by an independent reviewer, and 10% was checked by a second reviewer.
- The BOI TLR was screened by an independent reviewer.

Results

A total of 4,708 abstracts (2,649 clinical SLR, 969 economic SLR, 1,090 TLR) were identified from all searches, and full-text review was conducted for 796 articles (507 clinical SLR, 151 economic SLR, 138 TLR). Of these, 159 (72 clinical SLR, 33 economic SLR, 54 TLR) followed protocol-specified criteria for inclusion.

Figure 1. Clinical SLR PRISMA Flowchart





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- The clinical and economic SLR Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) flowcharts are presented in Figure 1 and Figure 2. A PRISMA flowchart was not developed for the BOI TLR.

Clinical Burden

- The clinical studies related to the clinical burden, invasive disease-free survival (iDFS), or disease-free survival (DFS) of BC recurrence included patients with early stage HER2+BC. However, clinical studies related to the quality of life (QOL) of BC recurrence included patients with early stage BC, regardless of HER2 status.
- Four clinical trials related to the clinical burden of HER2+ BC recurrence were identified from the literature reviews.^{3,9-11}
- Based on clinical trials in the adjuvant setting, DFS rates at 4 years ranged from 78% to 90% (Table 1).^{3,10-12}
- HER2-targeting adjuvant regimens such as adding lapatinib to trastuzumab and extending trastuzumab to 2 years have been unsuccessful in reducing the risk of recurrence.^{9,11}
- Two clinical studies related to the QOL of BC recurrence, regardless of HER2 status, were identified from the literature reviews.^{13,14}
- Women who had a recurrence, regardless of HER2 status, reported significantly poorer functioning on various QOL domains compared with women who remained disease-free (Figure 3).¹³

Figure 3. RAND SF-36 Baseline and Follow-up Scores for Survivors of Recurrent BC Compared to Norms¹³



Note: RAND Sf-36 is also known as the Medical Outcomes Study SF-36.

Physical functioning = PF; Role functioning-Physical = RF-P; Social functioning = SF; Mental health = MH; Role functioning-Emotional = RF-E; Energy/fatigue = E/F; General health perceptions = GHP.

Figure 2. Economic SLR PRISMA Flowchart



HTA = health technology assessment

- Reported differences between women who had a recurrence compared to women who remained disease-free were largely due to the poorer QOL of women with metastatic disease.¹⁴
- All patients with early stage BC, regardless of HER2 status, diagnosed with their first recurrence experienced cancer-related distress and no improvement in QOL (physical health and functioning) after 1 year.¹⁶

Table 1. Key Efficacy Endpoints in iDFS or DFS

Trial Number (Acronym)	Subgroup	Treatment	iDFS or DFS Rate, Median (95% CI)	Effect Size (95% CI)
ALTTO Piccart-Gebhart, Holmes ¹¹	Overall ITT population	Lapatinib + trastuzumab (concurrent) (n = 2,093)	DFS rate: 88% (NR)	Hazard ratio: 0.84 (0.70-1.02)
		Trastuzumab → lapatinib (sequential) (n = 2,091)	DFS rate: 86% (NR)	Hazard ratio: 0.96 (0.80-1.15)
	_	Trastuzumab (n = 2,097)	DFS rate: 87% (NR)	Ref
		Lapatinib (n = 2,100)	DFS rate: 82% (NR)	Hazard ratio: 1.34 (1.13-1.60)
	HR+	Lapatinib + trastuzumab (concurrent) (n = 1,203)	DFS rate: 90% (NR)	Hazard ratio: 0.87 (0.66-1.13) (97.5% Cl)
		Trastuzumab (n = 1,200)	DFS rate: 88% (NR)	Ref
	HR-	Lapatinib + trastuzumab (concurrent) (n = 890)	DFS rate: 86% (NR)	Hazard ratio: 0.82 (0.62-1.08) (97.5% Cl)
		Trastuzumab (n = 897)	DFS rate: 83% (NR)	Ref
BCIRG 006 Slamon, Eiermann ¹² Au, Eiermann ¹⁵	Overall	AC-T (n = 1,073)	DFS rate: 78% (NR)	NR
	_	AC-TH + trastuzumab (n = 1,074)	DFS rate: 86% (NR)	NR
		TCH (n = 1,075)	DFS rate: 84% (NR)	NR
HERA ³	Overall, ITT	1 year of trastuzumab (n = 1,702)	369 events DFS rate: 78.6% (NR)	Hazard ratio: 0.76 (0.66-0.87)
		Observation (n = 1,697)	DFS rate: 72.2% (NR)	Ref
TEACH Goss, Smith ¹⁰ Boyle, Smith ¹³	Overall	Lapatinib	210 events (13%)	Hazard ratio: 0.83 (0.70-1.00) <i>P</i> = 0.053
		Placebo	264 events (17%)	Ref
	HR+	Lapatinib	DFS rate: 83.6 (NR)	Hazard ratio: 0.98 (0.77-1.25) <i>P</i> = 0.89
		Placebo	DFS rate: 83.1 (NR)	Ref
	HR-	Lapatinib	DFS rate: 84.0 (NR)	Hazard ratio: 0.68 (0.52-0.89) <i>P</i> = 0.006
		Placebo	DFS rate: 77.7 (NR)	Ref

ACT-T = doxorubicin plus cyclophosphamide for four cycles followed by docetaxel for four cycles; AC-TH = doxorubicin plus cyclophosphamide for four cycles followed by docetaxel with trastuzumab for 1 year; CI = confidence interval; ITT = intent to treat; NR = not reported; TCH = docetaxel plus carboplatin for six cycles with trastuzumab for 1 year.

Figure 4. Cumulative Medical-Care Costs Attributable to BC Recurrent Over 10 Years⁶



Economic Burden

- Two studies related to the economic burden of BC recurrence were identified from the literature reviews.^{6,17}
- In the US, the total expected per-patient costs for all BC, regardless of HER2 status, over 10 years was \$53,454 with metastatic recurrence, \$61,601 with locoregional recurrence, and \$61,188 with contralateral recurrence compared with \$42,005 (background costs) with no recurrence (2004 US \$) (Figure 4).⁶
- The overall cost of recurrence in women with HER2+ BC in the US was estimated to be \$240 million to \$1.7 billion over the lifetimes of each 1-year cohort of 7,298 patients (2008 US \$),¹⁷
- Table 2 presents the annual cost of HER2+ BC recurrence by age group. Including the cost of death, the total recurrence cost was largest in the 30- to 49-year-old age group.¹⁶

Table 2. Annual Cost of HER2-Positive BC Recurrence (2008 US Dollars)

Recurrence Cost	Age 30-49 Years, No. (95% CI)	Age 50-69 Years, No. (95% CI)	Age ≥ 70 Years, No. (95% Cl)			
Excluding lost productivity (death)						
Per patient (thousands)	\$77 (\$47-\$152)	\$107 (\$59-\$227)	\$35 (\$30-\$46)			
Total cost (millions)	\$53 (\$24-\$114)	\$144 (\$61-\$330)	\$27 (\$14-\$40)			
Including lost productivity (death)						
Per patient (thousands)	\$1,458 (\$706-\$2,694)	\$427 (\$194-\$844)	\$119 (\$102-\$139)			
Total cost (millions)	\$1,009 (\$399-\$2,008)	\$575 (\$217-\$1,233)	\$89 (\$50-\$132)			
Values in parentheses reflect the middle 95% of the empirical distribution (95% Cl).						

Source: Danese, Lalla¹⁶

Conclusions

- This search identified few studies on patients with early stage HER2+ BC and suggest that future studies are warranted.
- After adjuvant therapy, the 10-year risk of recurrence can be up to 22%. The clinical and economic burden of early stage HER2+ BC remains substantial.
- Recurrence in women with BC, regardless of HER2 status, is associated with high costs and a likelihood of decreased QOL.
- Therefore, there is an unmet medical need in early stage HER2+ BC for new therapies that can reduce the risk of recurrence and the consequent clinical and economic burden of advanced disease.
- Economic studies on the cost of recurrence should be conducted given the higher cost of recently approved HER2+ targeted therapies in the metastatic setting.

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